

SEPTEMBER 2021

BIS, BMS, BJH, POPE BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday

**FREE MEALS FOR
ALL STUDENTS!**

1 Cinnamon Crunch Filled Pastry
Assorted Grab-n-Go Items
Fresh Apples
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

2 Sausage & Biscuit Assorted Jellies
Assorted Grab-n-Go Items
Fresh Pears
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

3 Assorted Breakfast Bread
Assorted Grab-n-Go Items
Fresh Fruit Variety
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

**HAPPY
LABOR
DAY**

7 Cheesy Omelet
Buttered Toast
Assorted Grab-n-Go Items
Fresh Oranges
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

8 Sausage & Biscuit Assorted Jellies
Assorted Grab-n-Go Items
Applesauce On The Go
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

9 Mini Pancakes in a Bag
Assorted Grab-n-Go Items
Fresh Bananas
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

10 Yogurt & Muffin Assorted Grab-n-Go Items
Flavored Raisins
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

13 Mini Cinnamon Rolls
Assorted Grab-n-Go Items
Fresh Plums
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

14 Waffles in a Bag
Assorted Grab-n-Go Items
Fresh Strawberries
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

15 Assorted Breakfast Bread
Assorted Grab-n-Go Items
Fresh Apples
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

16 Sausage & Biscuit Assorted Jellies
Assorted Grab-n-Go Items
Fresh Fruit Variety
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

17 Chocolate Covered Donuts
Powdered Donuts
Assorted Grab-n-Go Items
Fresh Kiwi Wedges
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

20 Mini Confetti Pancakes
Syrup
Assorted Grab-n-Go Items
Mixed Berries
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

21 Apple Frudel
Frudel
Assorted Grab-n-Go Items
Flavored Raisins
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

22 Sausage & Biscuit Assorted Jellies
Assorted Grab-n-Go Items
Fresh Oranges
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

23 Assorted Muffin Loaves
Assorted Grab-n-Go Items
Applesauce On The Go
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

24 Sausage Pancake Stick
Assorted Grab-n-Go Items
Fresh Fruit Variety
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

27 French Toast Sticks
Syrup
Assorted Grab-n-Go Items
Fresh Bananas
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

28 Breakfast Sausage
Pizza
Assorted Grab-n-Go Items
Fresh Fruit Variety
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

29 Cinnamon Crunch Filled Pastry
Assorted Grab-n-Go Items
Fresh Apples
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

30 Sausage & Biscuit Assorted Jellies
Assorted Grab-n-Go Items
Fresh Pears
Assorted Fruit Juices
Chocolate Milk
Low Fat Milk

Start your Day with a Healthy Breakfast



Assorted Grab-n-Go items offered daily
Cereals
Pop-Tarts
Breakfast Bars

NOTICE: The data contained within this menu should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

This institution is an equal opportunity provider.